



Republic of the Philippines
Department of Education
Region IX, Zamboanga Peninsula
SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE



Division Memorandum
No. 248, S. 2020

To: Public Schools District Supervisors
Elementary and Secondary School Heads
All Others Concerned
This division

From: **MA. LIZA R. TABILON EdD, CESO V**
Schools Division Superintendent

Subject: Reiteration of the Specific Schedules of DepEd Programs for Online and TV
Broadcast of Mental Health and Psychosocial Support Services

Date: September 28, 2020

1. In relation to the preparation of the opening of classes this October 5, 2020, the Department of Education (DepEd) releases the Specific Schedules of the various Mental Health and Psychosocial Support Services (MHPSS) and Curriculum-related videos on September 28- October 2, 2020. This will be broadcasted on **Signal Digital TV Channel 888**.
2. Mental Health and Psychosocial Support Services (MHPSS) for secondary and elementary learners will be streamed live through DepEd Philippines FB page on 29 September and 1 October 2020.
3. For those with no access to CIGNAL, Digital TV, you may download the videos through <http://bit.ly/MHPSSAdvocacyMaterials>.
4. Please see Enclosure 1(A-E) for the Specific Schedule of DepEd Programs for TV Broadcast and Online.
5. For widest dissemination and appropriate action.

EDJ/drrm/SpecificSchedulesMHPSSonlineandvideos/013/092820





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Enclosure 1. (A to E)

SPECIFIC SCHEDULE OF DEPED PROGRAMS FOR ONLINE AND TV BROADCAST

A. Monday, 28 September 2020

A.1 DepEd Mental Health and Psychosocial Support services (MHPSS) and Curriculum-related Videos for TV Broadcast.

TIMESLOT	DEPED VIDEOS
8:00-8:46	DRRMS Booklatan Episode 1
8:46-10:06	OKKK Tambayan Episode 1
10:07-11:01	Wellness Check Episode 1
11:02-12:09	Kakaiba-yanihan Episode 1
12:10-12:56	DRRMS Booklatan Episode 1
12:57-2:16	OKKK Tambayan Episode 1
2:17-3:11	Wellness Check Episode 1
3:12-4:19	Kakaiba-yanihan Episode 1
4:20-5:06	DRRMS Booklatan Episode 1
5:07-6:26	OKKK Tambayan Episode 1

B. Tuesday, 29 September 2020

B.1 DepEd Mental Health and Psychosocial Support services (MHPSS) and Curriculum-related Videos for TV Broadcast.

TIMESLOT	DEPED VIDEOS
8:00-8:51	DRRMS Booklatan Episode 2
8:52-10:00	OKKK Tambayan Episode 2
10:01-10:48	Wellness Check Episode 2
10:49-11:59	Kakaiba-yanihan Episode 2
12:00-12:51	DRRMS Booklatan Episode 2
12:52-2:00	OKKK Tambayan Episode 2
2:01-2:48	Wellness Check Episode 2
2:49-3:59	Kakaiba-yanihan Episode 2
4:00-5:08	DRRMS Booklatan Episode 2
5:09-5:59	Wellness Check Episode 2
5:57-7:07	Kakaiba-yanihan Episode 2





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B.2 DepEd Mental Health and Psychosocial Support Services (MHPSS) for Online.

TIMESLOT	MHPSS ACTIVITY
1:00-5:00 PM	Remote Psychological First Aid for Secondary Learners

C. Wednesday, 30 September 2020

C.1 DepEd Mental Health and Psychosocial Support Services (MHPSS) Videos for TV Broadcast

TIMESLOT	DEPED VIDEOS
8:00-8:42	DRRMS Booklatan Episode 3
8:43-9:50	OKKK Tambayan Episode 3
9:51-10:41	Wellness Check Episode 3
10:42-11:54	Kakaiba-yanihan Episode 3
11:55-12:37	DRRMS Booklatan Episode 3
12:38-1:45	OKKK Tambayan Episode 3
1:46-2:36	Wellness Check Episode 3
2:37-3:49	Kakaiba-yanihan Episode 3
3:50-4:32	DRRMS Booklatan Episode 3
4:33-5:40	OKKK Tambayan Episode 3
5:41-6:31	Wellness Check Episode 3
6:32-7:14	DRRMS Booklatan Episode 3

D. Thursday, 1 October 2020

D.1 DepEd Mental Health and Psychosocial Support Services (MHPSS) Videos for TTTV Broadcast

TIMESLOT	DEPED VIDEOS
8:00-8:41	DRRMS Booklatan Episode 4
8:42- 9:53	OKKK Tambayan Episode 4
9:54-10:52	Gabay Bahay Episode 1
10:53-11:26	DRRMS Booklatan: Kaginhawaan sa Pamayanan
11:27-12:08	DRRMS Booklatan Episode 4





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TIMESLOT	DEPED VIDEOS
12:09-1:20	OKKK Tambayan Episode 1
1:21-2:19	Gabay-Bahay Episode 1
2:20-2:53	DRRMS Booklatan: Kaghinhawaan sa Pamayanan
2:54-3:35	DRRMS Booklatan Episode 4
3:36-4:47	OKKK Tambayan Episode 1
4:48-5:46	Gabay Bahay Episode 1
5:47-6:20	DRRMS Booklatan: Kaghinhawaan sa Pamayanan
6:21-7:02	DRRMS Booklatan Episode 4

D.2 DepEd Mental Health and Psychosocial Support Services (MHPSS) for Online

TIMESLOT	MHPSS ACTIVITY
8:00-12:00 NN	Remote Psychosocial Support Through Play for Elementary Learners

E. Friday, 2 October 2020

E.1 DepEd Mental Health and Psychosocial Support Services (MHPSS) Videos for TV Broadcast

TIMESLOT	DEPED VIDEOS
8:00-8:30	DRRMS Booklatan Episode 5
8:38-9:54	OKKK Tambayan Episode 5
9:55-10:44	Gabay-Bahay Episode 2
10:45-11:18	DRRMS Booklatan: Kaghinhawaan sa Pamayanan
11:19-11:56	DRRMS Booklatan Episode 5
11:57-1:13	OKKK Tambayan Episode 5
1:14-2:03	Gbay-bahay Episode 2
2:04-2:37	DRRMS Booklatan: Kaghinhawan sa Pamayanan





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DRRMS Booklatan Episode 5

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TIMESLOT	DEPED VIDEOS
3:16-4:32	OKKK Tambayan Episode 5
4:33-5:22	Gabay Bahay Episode 2
5:23-5:56	DRRMS Booklatan: Kaghinhawaan sa Pamayanan
5:57-7:13	OKKK Tambayan Episode 5

