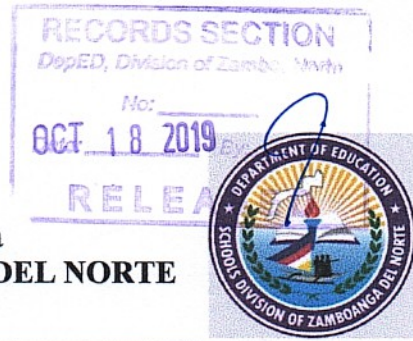




Republic of the Philippines
Department of Education
Region IX, Zamboanga Peninsula
SCHOOLS DIVISION OF ZAMBOANGA DEL NORTE
Dipolog City 7100



Advisory No. ____ s. 2019

September 4, 2019

In compliance with DepEd Order No. 8 s. 2013

This Advisory is issued for the information of DepEd Officials, School Heads,
Teachers, Students and Pupils, as well as the concerned public

To: All Concerned
This division

From: The Office of the Schools Division Superintendent


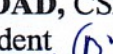
3-Day National Seminar-Workshop on Addressing Mental Health Issues in the School Setting

The ARCZONE Professional Development Inc., will be conducting a 3-Day National Seminar-Workshop on Addressing Mental Health Issues in the School Setting on November 8-10, 2019 at the Top Plaza Hotel, Dipolog City (see attached).

The said training-workshop aims to make the participants conscious of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students.

Interested DepEd personnel may attend on **Official Time Only**, subject to **no-disruption-of-classes policy** as stipulated in DepED Order No. 9 s. 2005 entitled *Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith*.

For information and guidance.


PEDRO MELCHOR M. NATIVIDAD, CSEE
Schools Division Superintendent 

Attn: Dr. PEDRO MELCHOR M. NATIVIDAD - Invitation Letter for a 3-Day National Seminar Workshop on "Addressing Mental Health Issues..."

From: Arczone Professional Development Center (arczone_eduphil@yahoo.com)

To: depedzanortedivision@yahoo.com; pedro.natividad@deped.gov.ph

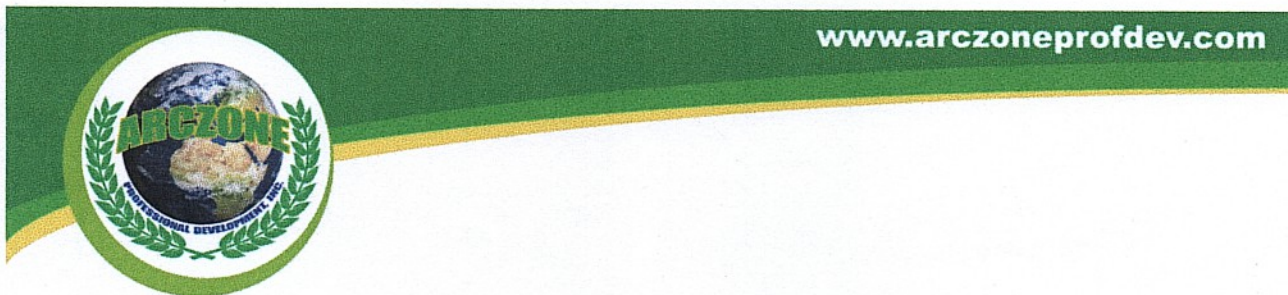
Date: Thursday, October 10, 2019, 12:25 AM MST

Good day!

Please find the invitation letter below.

Thank you and GOD Bless!

Ms. Jing Arevalo



Dr. PEDRO MELCHOR M. NATIVIDAD
OIC - Schools Division Superintendent
DEPED Division of Zamboanga Del Norte
Estaka, Dipolog City

Dear Dr. Natividad:

Republic Act No. 11036 otherwise known as **Mental Health Law** (June 20, 2018) stipulates in Sec. 2 that the state affirms basic right of all Filipinos to mental health as well as the fundamental rights of people who require mental health services. In this regard, Sec. 23 promotes the integration of mental health into the educational system such that the state shall ensure the integration of mental health into the educational system -age- appropriate content pertaining to mental health shall be integrated into the curriculum at all educational levels.

Further, Sec. 24 states that educational institutions such as schools, colleges, universities and technical schools shall develop policies and programs for students, educators and other employees designed to: raise awareness on mental health issues, identify and provide support and services for individuals at risk, and facilitate access, including referral mechanisms of individuals with mental health conditions to treatment and psychosocial support. All public and private institutions shall be required to have a complement of mental health professionals.

In this regard, the proposed seminar-workshop will allow teachers, counselors and school staff to be aware of their inherent responsibilities in promoting mental health as the primary carers of the holistic development of the students. Given the increasing number of mental health concerns of students nowadays, teachers, counsellors, homeroom advisers and school staff are being tapped in assisting the students in addressing their mental health concerns nonetheless of the insufficient number of trained professionals as well as limited capacities of handling these concerns. The topics shall discuss the context of mental health in schools, roles of teachers in the promotion and the latest trends in handling students' mental health issues in the local and foreign settings.

Committed in raising awareness of and promoting mental health at all levels of education, ARCZONE would like to request for your support to this seminar-workshop. We hope that you will help us motivate the participants from your region to avail the program.

We also would like to emphasize that ARCZONE Professional Development, Inc. has been accredited by the Philippine Regulations Commission (PRC) as a Continuing Professional Development (CPD) Provider. This program has been given 12 CPD units.

Attached are the details of the seminar-workshop. We look forward to working with you in providing high quality professional development to our educators, counselors, and staff.

If you need further information, do not hesitate to contact us:

Tel. Nos.: (02) 781-6895 / 710-5531 (PLDT)

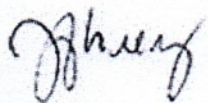
Telefax.: (02) 900-5176 (GLOBE)

Mobile: 0921-576-1676 / 0905-447-3534

Email: arczone_eduphil@yahoo.com

Thank you very much.

Sincerely yours,



Ms. Jesusa Flores
Training Coordinator

A 3-Day National Seminar Workshop on

Addressing Mental Health Issues in the School Setting

(Live-out seminar)

Dates: November 8, 9 & 10, 2019

Venue: Top Plaza Hotel Gen. Luna St., cor. Echavez St. Dipolog City

Target participants: Medical/Health Personel, School Nurses, School Administrator, Mid-level School Managers, Guidance Counsellors, Homeroom Advisers and Teachers

Registration fee: Php 4,800 (inclusive of snacks, lunches, seminar kits, hand-outs and a certificate)

Program of Activities

Time	Day 1	Day 2	Day 3
07:30 – 08:30	Registration		
08:30 – 09:00	Opening Program		
09:00 – 10:00	Introduction to Mental Health	Mental Health in Context: Stress and Anxiety	Navigation through Mental Health Problems
10:00 – 10:15	BREAK		
10:15 – 12:00	Mental Health First Aid	Mental Health in Context: Depression	Why should well-being taught on schools?
12:00 – 01:00	LUNCH		
01:00 – 02:30	Basic Counselling Skills	Mental Health in Context: Suicidality / Psychological	Increasing well-being through Positive Psychology

		Assessment of Mental Health	
02:30 – 02:45	BREAK		
02:45 – 04:30	...Continuation	...Continuation	...Continuation
04:30 – 05:00			Closing Program / Awarding of Certificates

DON'T MISS THE CHANCE!

TAKE ADVANTAGE OF THE EXPERTISE OF OUR SPEAKERS:



Carlo Magno, Ph.D
 - Member, Psychological Association of the Philippines
 - Former Consultant, Asian Psychological Services and Assessment (APSA)



Gabriel Sebastian N. Lizada, RPh, MCouns
 - Certified Mental Health First Aider
 - Mental Health Practitioner for the Center of Psychological Extension and Research Services (COPERS)



Adelaida C. Gines, Ph.D., RGC, RPsy
 - President, Philippine Guidance & Counseling Association, Inc.



Therese Amita R. Dela Cruz, MA, RGC
 - Testing Unit Head, Asian Psychological Services and Assessment (APSA)



Hector M. Perez, Ph.D. RPsy, RPh
 - Clinical and Assessment Psychologist
 - Board Member, Psychological Association of the Philippines
 - Member, Philippine Mental Health Association



John Christopher D. Castillo, RSW, MSSW
 Secretary-Manila Chapter, Philippine Association of Social Workers Incorporated



Civil Service Commission (CSC) as a Learning and Development Institution



Professional Regulation Commission (PRC) as CPD Provider

CLICK IMAGE BELOW TO RESERVE SLOT!

----- **REPLY SLIP** -----

(Reservation is REQUIRED. Please send this slip or contact the secretariat for reservation. You may use a separate sheet.)

Name of Participant (s)

Contact Numbers

Company Name and Contact Number (s): _____



ARCZONE
PROFESSIONAL DEVELOPMENT INC

Tel. Nos.: (02) 781 6895 | 710 5531 (PLDT)

Tele/Fax No.: (02) 900 5176 (GLOBE)

Mobile No.: 0921 576 1676 | 0905 447 3534

Email: arczone_eduphil@yahoo.com