



Republic of the Philippines  
**DEPARTMENT OF EDUCATION**  
Zamboanga Peninsula, Region IX  
Division of Zamboanga del Norte  
Dipolog City 7100



**MEMORANDUM**

To : Public Schools District Supervisors  
Elementary and Secondary School Heads  
Elementary & Secondary EsP and Araling Panlipunan Advisers  
Guidance Coordinators

From : Office of the Schools Division Superintendent

Subject: **TRAINING OF TRAINERS ON DELIVERING EFFECTIVE PERSONAL SAFETY LESSONS FOR CHILD PROTECTION IN SCHOOL**

Date: October 1, 2019

1. Pursuant to Section 13, Art. 11 of the Philippine Constitution as reiterated in Section 32 of Republic Act. No. 7610 commonly known as "An Act Providing for Stronger Deterrence and Special Protection Against Child Abuse, Exploitation and Discrimination, this division hereby mandates the institutionalization of the Personal Safety Lessons (PSL) through a seminar-workshop on October 10-12, 2019, at Comprá National High School, Liloy, Zamboanga del Norte.

2. The objectives of this seminar-workshop are the following:

- a. To update on the implementation of the Personal Safety Lesson, (PSL) and review the concepts and strategies used in teaching at the classroom;
- b. To enhance and develop skills and knowledge on the role and function of the support teams and review reporting flow in reported cases of any child abuse;
- c. To help and equip the participants with information on how to handle disclosure of exploited and sexually abused complainant;
- d. To secure and identify the sexual abuse perpetrator and evaluate the environment in terms of the condition, emotional, cognitive, safety and other variable social activities of the abused; and
- e. To distinguish and analyze of the entire scenario of the sexually abused child from the child's family in relation to the community.

3. Participants to this training for the elementary level are *Public Schools District Supervisor, School Heads and Grades 1 to 6 Edukasyon sa Pagpapakatao and Araling Panlipunan Advisers of Liloy 2 District*. For the secondary level from the schools of *Kayok NHS, Patawag NHS and Silucap NHS are Schools Heads, Grade 7 to 10 Edukasyon sa Pagpapakatao and Araling Panlipunan Advisers, Guidance Coordinators and Public School District Supervisor of Liloy 1 District*. Following are the facilitators who are requested to report to the venue for the workshop seminar to wit:

- |                       |   |                            |
|-----------------------|---|----------------------------|
| • Glievane M. Ambus   | - | Pukay ES, Salug II         |
| • Delma Cababat       | - | Tampilisan NHS, Tampilisan |
| • Ma. Juvy P. Dacumos | - | Kalawit CS, Kalawit        |
| • Margarita Napigkit  | - | Baybay CS, Liloy           |
| • Bernadeth Lubrido   | - | Comprá NHS, Liloy          |

4. Travel and other incidental expenses of the participants shall be charged to local funds subject to the usual accounting, auditing rules and regulations.

5. For information, guidance and compliance.

**PEDRO MELCHOR M. NATIVIDAD, Ph. D, CSEE**  
Schools Division Superintendent





CENTER FOR THE PREVENTION AND TREATMENT  
OF CHILD SEXUAL ABUSE (CPTCSA) INC.

Training of Teachers: Delivering Effective Personal Safety Lessons for Child Protection in School

Learning Objectives:

At the end of the workshop, participants should be able understand and/or train about:

- ✓ The basic theories behind child abuse and neglect that includes all stakeholders from child to family to school to community to nation;
- ✓ Theory and practice-based knowledge on sexual offenders and the role their environment plays in their development and continued perpetration;
- ✓ Sex and sexuality that requires their own comfort level and knowledge;
- ✓ Using a basic instructional design model to plan and develop effective personal safety teaching for specific target groups based on the CPTCSA lessons:
- ✓ Handling disclosure that encompasses understanding the perspective and rights of the child;
- ✓ The role and function of the teacher and support team in each school to report suspected cases of abuse for further investigation; and
- ✓ Introspection to increase personal awareness, skills and ability to recognize when more training is needed to further their child protection teaching

Time	Content	Expected Output
Day 1		
8:00 – 8:30		Registration
8:30-9:00	Leveling off & Getting to Know You	✓ Productive group dynamics based on mutual respect among participants developed
9:30 – 10:30	Clarification of Pax values and notion about Child Sexual Abuse “Sonia’s Story” (Gina Lompero)	✓ Legal definitions and psycho social signs of child abuse and neglect discussed
10:3 – 11:00	What Is Child Sexual Abuse (CSA)? (Gina Lompero)	
		✓ Underlying characteristics of child sexual abuse to better understand the phenomenon examined
11:00-12:00	Characteristics of CSA	✓ appropriate means for measuring the impact of



	<i>(Gina Lompero)</i>	<i>their child protection work reflected</i>
<b>12:00 -1:00</b>	<b>Lunch Break</b>	
1:00 – 2:00	Causes of child sexual abuse – Understanding the sex offender (Bernadette P. Lubrido)	<ul style="list-style-type: none"> <li>✓ Psycho-social context of potential offenders, potential victims and their broader environment to prevent sexual abuse considered</li> <li>✓ Participants role and others in the interventions necessary to protection our children understood</li> <li>✓ Systematic approach to protection from sexual abuse explored</li> <li>✓ Participants will begin by examining a framework to help them analyze the context of their work with a focus on the sexual offender.</li> <li>✓ systematic approach to protection from sexual abuse entails using the 4 preconditions to sexual abuse model which focuses on the potential victims and their environment explored</li> </ul>
2:00- 5:00	Causes of child sexual abuse – Understanding the victim and the environment (Bernadette P. Lubrido)	
5:00 -5:30		Synthesis
<b>Day 2</b>		
8:00 – 8:30		Prayer/ recap/ sharing of insights
8:30- 10:00	Effects of child sexual abuse (Delma B. Cababat)	Participants reflected on the effects of child sexual abuse as well as on the elements that shape the effect
10:00 -12:00	Human Sexuality (Glievane M. Ambus)	participant's awareness and comfort level of sex and sexuality increased
<b>12:00-1:00</b>	<b>Lunch Break</b>	
1:00 – 2:30	Personal safety lessons review (Margarita Z. Napigkiti)	effective and efficient methods for teaching personal safety concepts in school discussed
2:30 – 4:45	Personal safety lessons practice (Margarita Z. Napigkiti)	understanding and comfort level with the issue by practicing giving lessons to students deepened
4:45 – 5:00		Synthesis
<b>Day 3</b>		
7:30 – 8:00		Prayer/ recap/ sharing of insights
8:00 – 9:00	Lesson Practice Demo Teaching	Teacher will demonstrate how to integrate PSL in ESP and Aral Pan using PSL materials
9:00 – 10:00	Child rights-based perspective Juuy Dacumos	Participants provided with the opportunity to provide feedback on the workshops based on the child rights-based perspective.



10:00 11:00	Handling disclosure (Ms. Juuy Dacumos)	knowledge base with examples of appropriate ways to handle disclosure of child abuse by students presented
11:00– 12:00	Handling disclosure and making a report (Ms. Juuy Dacumos)	handling disclosure in order to increase their comfort level for when a child needs their help practiced
<b>12:00-1:00</b>	<b>Lunch Break</b>	
1:00 – 2:30	Handling inappropriate sexual behavior in adults and students (Ms. Juuy Dacumos) Making Report/Reporting Cases (MS/DSWD)	Helps adults avoid false allegations by understanding basic codes of conduct. The second aim is to understand proactive prevention by working with children with sexual misbehaviors to help avoid these behaviors growing into abusive behaviors
2:30 – 3:30	Planning on Implementation School -Based Support System / CPP & PSL	
3:30 – 3:45	Training Evaluation	
3:45 – 4:30	Closing Ceremonies	